APPETIZERS

Sweet Potato Waffle Fries with powdered sugar $4.95
Southwest Chicken Egg Roll (3) with Spicy Ranch $7.95
Wings (8) Mild, Medium, Hot, Teriyaki or BBQ served with bleu cheese or ranch $8.95
Chicken Strips Cajun or plain $8.95
Fried Popcorn Shrimp buffalo or plain with choice of sauce $8.95
Chicken Quesadilla cheese, chicken, peppers & onions $8.95

SOUPS

Made from Scratch New England Clam Chowder cup $4.75 bowl $6.95
Soup of the Day cup $4.75 bowl $6.95

LIVE FARE

Soup and Salad house side salad with your choice of soup & chips $7.95
Soup or Salad and Half Sandwich a half club, tuna salad, egg salad, chicken salad or BLT sandwich with a cup of soup & chips $8.95
Dieter’s Delight a grilled fish filet, chicken breast or hamburger patty with sliced tomato, onions, cottage cheese & fruit $9.95

SIGNATURE SALADS

Traditional Salad Plates homemade salads over crisp lettuce with chips & fruit
Tuna Salad $8.95 Chicken Salad $9.95 Shrimp Salad $11.95 All Three $12.95
Taco Salad or Wrap fried flour tortilla shell filled with greens, tomatoes, green onion, grated cheese, topped with beef or chicken & served with guacamole, sour cream & salsa $10.95
House Salad mixed greens, assorted vegetables, diced egg, and cheeses $6.95
Southern Cobb Salad bacon, diced eggs, crumbled bleu cheese, tomatoes & cucumbers on a bed of fresh greens with a side of bleu cheese dressing $7.95
Greek Salad or Wrap feta cheese, kalamata olives, pepperoncini, cucumbers, tomato & red onion served on a bed of crispy romaine lettuce $7.95
Spinach Salad fresh spinach, bacon crumbles, dried cranberries, bleu cheese crumbles & pecans served with a poppyseed dressing $8.95

with Turkey & Ham add $3.00 Chicken grilled, fried or cajun add $4.00

Gulf Shrimp grilled, fried or cajun add $4.00

Dressings - Ranch, Bleu Cheese, Honey Mustard, 1000 Island, Poppyseed, Balsamic, Raspberry Vinaigrette, Mango Pineapple Vinaigrette and Light Italian

SEAFOOD PLATES choice of two sides

True Blue Fish Plate or Sandwich grilled or fried $11.95
Fried Shrimp Plate or Sandwich crispy shrimp with choice of tartar or cocktail sauce $11.95

BREAKFAST ‘ALL DAY’ 7AM - 3PM LUNCH 11AM - 3PM
WRAPS

flour or wheat

Fajita Wrap  chicken or seasoned beef, grilled onions, peppers, shredded lettuce, shredded cheese with guacamole, sour cream, and salsa  9.95

Chicken or Shrimp Wrap  chicken or shrimp, shredded cheese, lettuce, diced tomato & cucumbers. Try our Thai Chili sauce on the side  9.95

True Blue Wrap  chicken tenders, diced egg, tomatoes, lettuce & bacon with our homemade sauce  9.95

Buffalo Chicken or Shrimp Wrap  wing sauce, lettuce & cheese with ranch or bleu cheese  9.95

BURGERS  8oz & *cooked to order

Cheeseburger  with lettuce, tomato, onion, pickle & choice of cheese  9.95

Bacon Deluxe Burger  topped with grilled onions, choice of cheese, pickle & bacon  10.95

Mushroom Swiss Burger  with lettuce, tomato, onion & pickle  10.95

Patty Melt  with swiss & grilled onions on marble rye  10.95

Blackened ‘Bleu’ Burger  topped with crumbled bleu cheese, blackened to perfection  10.95

SANDWICHES

Bread choices- Sourdough, Wheat, Marble Rye, Texas Toast, Hoagie, Kaiser Roll or Wrap

3 Cheese Grilled Cheese  American, Swiss & Cheddar cheese on your choice of bread  5.95

Bacon, Lettuce & Tomato  served on your favorite bread with mayonnaise  6.95

Fried Green Tomato BLT  served with Cajun mayo  8.95

True Blue Salad Sandwiches  Egg Salad 6.95 Tuna or Chicken Salad 8.95 Shrimp Salad 9.95

Club Sandwich  turkey, ham, bacon, cheese, lettuce, tomato & mayonnaise  9.95

Cheese Steak  beef or chicken, grilled peppers & onions with your choice of cheese on a hoagie  9.95

Chicken Sandwich  grilled or fried with bacon, provolone, lettuce & tomato  9.95

Kickin’ Chicken  grilled chicken, grilled onions, banana peppers, cheddar cheese and BBQ sauce served on a hoagie roll or wrap  10.95

Grilled Reuben  corned beef, swiss cheese, thousand island & sauerkraut on marble rye  10.95

Cajun Chicken Club  spicy grilled chicken breast, roast beef, bacon, provolone cheese, tomatoes, lettuce & mayonnaise  12.95

*Consuming raw or under cooked foods can increase your risk of foodborne illness

SIDES

Coleslaw - Baked Beans - Fries - Homemade Chips - Fruit - Side Salad  2.95

Substitute Sweet Potato Waffle Fries or a Cup of Soup on any plate  add 2.95

OPEN 7 DAYS A WEEK CARRY-OUT 843-235-0900 option 2